

CONTACT INFORMATION

NCW Libraries
Michelle McNiel,
Public Relations Specialist
509-663-1117
mmcniel@ncwlibraries.org

**FOR IMMEDIATE RELEASE****NCW LIBRARIES AND CONFLUENCE HEALTH OFFER VIRTUAL HEALTHY LIVING SERIES**

NCW Libraries is proud to partner with Confluence Health to offer a virtual Health Living Series featuring an introduction to healthy living, weight loss, sleep, and cancer prevention and screening.

This weekly series will run from April 13-25, each Wednesday evening at 7PM. A provider from Confluence will lead the presentation followed by a question and answer session.

NCW Libraries mission is to connect the people of North Central Washington to the vital resources and opportunities that foster individual growth and strengthen communities.

Confluence Health is dedicated to improving their patients' health by providing safe, high quality care in a compassionate and cost effective manner.

Both NCW Libraries and Confluence Health are committed to equity and inclusion. Through this partnership, NCW Libraries can leverage their programming platform while Confluence Health can offer the expertise of their providers to make relevant and needed health information available to everyone in our region.

To learn more and attend, register at www.ncwlibraries.org.

MORE INFORMATION

www.ncwlibraries.org
www.confluencehealth.org