CONTACT INFORMATION

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FOR IMMEDIATE RELEASE

UPCOMING FALL PROGRAMS AT NCW LIBRARIES

NCW Libraries is offering a lineup of fall programming for adults that includes an author talk, hiking recommendations, and mindful poetry.

The programs are all open to the public, free, and include both in-person and virtual opportunities.

"We have an exciting lineup of fall programming! These programs offer opportunities to learn about regional history, highlight new places to explore with the Washington Trails Association, and an inspiring bilingual writing workshop that connects mindfulness and poetry!" said NCW Libraries' Adult Services Manager, Alicia O'Dell. "We hope you join us for one or all three!"

NCW Reads Presents Ana Maria Spagna

Dates: Sept 7th at 7 p.m. (Virtual), Sept 8th at 4:30 p.m. at Wenatchee Public Library

Join us for a conversation with Stehekin-based author Ana Maria Spagna as she shares her latest book <u>Pushed: Miners, a</u> <u>Merchant, and (Maybe) a Massacre</u>, in which she explores a little-known incident dubbed the Chelan Falls Massacre. Spagna is the author of nine books. Her work has been recognized by the River Teeth Literary Nonfiction Prize, the Society for Environmental Journalists, the Nautilus Book Awards, and as a four-time finalist for the Washington State Book Award. A former backcountry trails worker, Ana Maria now teaches in MFA programs at Antioch University, Los Angeles, and Western Colorado University.

Register for the virtual program at www.ncwlibraries.org. Click on "Events" and locate the programs on the calendar.

<u>Unveiling Central Washington's Best Hikes with Washington Trails Association</u>

Date: Sept 14th at 6PM (virtual)

Are you an avid hiker looking for a new trail or a novice not sure where to start with hiking NCW? Join us for a virtual chat with Washington Trails Association representatives to learn about their favorite hikes in Chelan, Douglas, Okanogan and Ferry counties for any skill level!

Register at www.ncwlibraries.org.

Writing workshop with Ricardo Ruiz (bilingual)

Poet Ricardo Ruiz will teach a bilingual writing workshop, Finding Your Voice, on how the practice of mindfulness and poetry can help a person discover their voice.

The workshop will introduce poetry and demonstrate how it can help us develop self-awareness and expression. The class is open to all. No prior writing experience is needed! The workshop will include basic mindfulness practices and guided writing expenses. Participants will write one poem by the end of the session.

This program is presented in English and Spanish.

- Sept 8th, 5-7 PM, at Moses Lake Public Library Register
- Sept 9th, 2-4 PM, Wenatchee Public Library Register

- Sept 19th, 5:30-7:30 PM, Quincy Public Library Register
- Sept 20th, 5:00-7:00 PM, George Public Library Register
- Sept 21st, 6:00-8:00 PM, Brewster Public Library Register

Register for these programs at www.ncwlibraries.org.

MORE INFORMATION

www.ncwlibraries.org
NCW Libraries events calendar
Ana Maria Spagna website
Ricardo Ruiz website