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FOR IMMEDIATE RELEASE

NCW LIBRARIES OFFERS TWO VIRTUAL PROGRAMS

NCW Libraries will be offering two virtual programs this winter: a six-week series on the principles and skills of mediation, and a talk with the Washington Trails Association about winter hikes.

Both programs are free and will be offered on the Zoom platform.

Explore Winter Hikes

<u>Winter Hikes Around Central Washington</u> with the Washington Trails Association will be offered on **Jan. 24 at 6 p.m.** In the hour-long talk, a WTA associate will share her favorite winter hikes for all skill levels in Chelan, Douglas, Okanogan and Ferry.

Register for this event at www.ncwlibraries.org on the events calendar. Find the calendar under the News & Events tab.

Learn Mediation Skills

NCW Libraries is partnering with the Wenatchee Valley Dispute Resolution Center to offer the <u>Curious Conversations</u> series in February. Each 90-minute session will offer a different mediation skill, including listening and communication, conflict dynamics and resolution, and de-escalation.

The classes will be on Feb. 6, 8, 13, 15, 20 and 22 from 6 to 7:30 p.m. You can register for one class or the whole series, although attendance at each session in the series is recommended.

The sessions will be facilitated by Jennifer Talbot, Executive Director of the Dispute Resolution Center. Jennifer holds a master's degree in Organizational Leadership from Gonzaga University, and has provided leadership and collaboration skills for many organizations and workplaces in the Wenatchee Valley over the past 30 years. Since January 2019 she has been the executive director of the DRC, which was named the Wenatchee Valley Chamber's Nonprofit of the Year in 2022.

Sign up for each session at www.ncwlibraries.org on the events calendar.

MORE INFORMATION

NCW Libraries Website
Winter Hikes Around Central Washington
Curious Conversations
Wenatchee Valley Dispute Resolution Center